



Nutrition Facts

Serving Size: 113 GR
Number of Servings per 1

Amount Per Serving

Calories: 90 Calories from Fat:

% Daily Value*

Total Fat	0 g				
Saturated Fat	0 g				
Trans Fat	0 g				
Cholesterol	5 mg				
Sodium	55 mg				
Total Carbohydrate	19 g				
Dietary Fiber	g				
Sugars	15 g				
Protein	3 g				
Vitamin A	Per Srv %	Vitamin C	Per Srv %		
Calcium	20%	Iron	%		

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie

	Calories	2,000	2,500
Total Fat	Less than		
Sat. Fat	Less than		
Cholesterol	Less than		
Sodium	Less than		
Total Carbohydrate			
Dietary Fiber			
Calories per gram			
Fat	Carbohydrate		Protein

Benefits

The only national yogurt brand on the market produced with a 90-day shelf life, drastically reducing code-date issues. Offers a smooth, delicious flavor without the tart aftertaste common in many other yogurts. Made with real fruit, and sweetened with real sugar, no HFCS, artificial colors or flavors or gelatin. 4oz. serving = one Meat Alternate.

Ingredients

Cultured Pasteurized Grade A Nonfat Milk, Sugar, Modified Corn Starch, Peaches, Whey, Tricalcium Phosphate, Natural Flavors, Gellan Gum, Potassium Sorbate (for freshness), Citric Acid, Annatto (for color), Locust Bean Gum, Vitamin D3

Allergens

Contains:



dairy

Free From:



shellfish



eggs



fish



peanuts



sesame



soy



tree nuts



wheat

Handling Suggestions

Keep refrigerated until ready to eat. DO NOT FREEZE

Serving Suggestions

Ready to eat as is or can be enjoyed when mixed with fruit or granola.

Prep & Cooking Suggestions

Keep refrigerated until ready to eat.

Product Specifications

Brand	Manufacturer	Product Category
Upstate Farms	UPSTATE NIAGARA COOPERATIVE INC.	Yogurt

MFG #	SPC #	GTIN	Pack	Pack Desc.
9818	1057757130	10078800112923		48 X 4 ONZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
13.5 LB	12 LB	US	Yes	

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
13 IN	9.63 IN	7.25 IN	0.53 CF	14x8	90	34FA / 40FA



☰ Nutrition Analysis

Calories	90	Total Fat	0 g	Sodium	55 mg
Protein	3 g	Trans Fats	0 g	Calcium	290 mg
Total Carbohydrates...	19 g	Saturated Fat	0 g	Iron	0 mg
Sugars	15 g	Polyunsaturated Fat	0 g	Potassium	140 mg
Dietary Fiber	g	Monounsaturated Fat	0 g	Zinc	
Lactose		Cholesterol	5 mg	Phosphorus	mg
Sucrose					
Vitamin A(IU)	0	Vitamin D	4 mg	Thiamin	mg
Vitamin A(RE)		Vitamin E	mg	Niacin	mg
Vitamin C	mg	Folate	mg	Riboflavin	mg
Magnesium	mg	Vitamin B-6	mg	Vitamin B-12	mcg
Monosodium		Sulphites		Nitrates	

📷 Additional Images

